

## What is Normal?



As an unexpected bonus,  
I lost 6 kgs that I didn't think I had  
to lose.

AND I have had 3 winters now with  
NO debilitating flus, NO more  
laryngitis and tonsillitis, NO more  
headaches and much less sugar  
craving.

Hi I'm **Ranee Wilkinson**, a Registered Nurse from  
Beechworth Victoria and until I tried Herbalife, I always  
thought I was healthy.

I thought it was normal to be tired all the time with no  
motivation to do anything that required any exertion,  
have daily headaches, recurrent throat infections,  
frequent colds and flus, and suffer Candida symptoms.

*(I used to go to bed at 7pm, sometimes even  
before the children, because I was so  
exhausted, despite having had a 2 hr sleep  
in the afternoon as well. And I often missed  
weeks during winter because of being in bed  
with the flu)*

Once I committed to taking the basic  
nutritional programme, I experienced a  
major increase in energy almost  
immediately, and added another 4-5 active  
hours onto my day.

I have upgraded onto most of the products  
and now I have the energy and more  
surprisingly the motivation to add exercise  
into my day with a daily bike ride and a walk  
in order to further increase my results and  
enjoy better health.

***Now I love being well – and not just  
normal.....***

Learn more about your health from A to Z here:

<http://www.thehealthsuccesssite.com/ranee.html>

