



| | |
|-------------------|-------|
| Before | 67kg |
| After | 57kg |
| Lost | 10kg |
| Time Frame | 10wks |
| Height | 160cm |



'I've never felt happier or healthier in my life!

Katrina Soucoultanos was first introduced to Herbalife by her mother, who was looking for some alternative health boosters. 'I admit I was extremely cynical, so it took me 18 months before I finally started on the products.'

'Previously, due to a health problem I was always getting sick with one thing after the other, always feeling run down and tired. I developed a feeling that I can only describe as a heaviness and murkiness on the inside.'

'It was actually for the weight issue alone, with no thought for anything else, that I started on the Ultimate program, plus Rose-Ox. I can tell you that with my extremely busy lifestyle I found taking the shakes very easy as a weight-loss programme because the weight just started to drop off me as I went about my business.'

'I give thanks to Herbalife Founder, Mark Hughes, for his love, insight and dedication in developing these products. You've changed our lives for the better.'