



Label Information:

Each tablet contains:

Retinol (as Vitamin A palmitate 1387 I.U.)	416.00 mcg
Beta-carotene	0.168 mg
Cholecalciferol (Vitamin D3 133 I.U.)	3.33 mcg
Thiamine hydrochloride (Vitamin B1)	8.33 mg
Riboflavin (Vitamin B2)	8.33 mg
Cyanocobalamin (Vitamin B12)	3.33 mcg
Ascorbic acid (Vitamin C)	66.67 mg
d-alpha Tocopheryl acid succinate (Vitamin E 6.67 I.U.)	5.7 mg
Nicotinamide	33.33 mg
Pantothenic acid	6.67 mg
Biotin	50.00 mcg
Folic acid	133.33 mcg
Calcium (as Calcium carbonate and Calcium hydrogen phosphate)	250.00 mg
Phosphorus (as Calcium hydrogen phosphate)	50.00 mg
Iron (as Ferrous sulfate)	3.33 mg
Iodine (as Potassium iodide)	75.00 mcg
Copper (as Cupric sulfate pentahydrate)	330.00 mcg
Magnesium (as Magnesium oxide)	100.00 mg
Potassium (as Potassium citrate)	33.33 mg
Chromium (as Chromium amino acid chelate)	16.67 mcg
Manganese (as Manganese sulfate)	1.67 mg
Zinc (as Zinc oxide)	5.00 mg
Choline bitartrate	1.00 mg
Hesperidin	1.00 mg
Betaine hydrochloride	16.67 mg
Amino benzoic acid	8.00 mg
Inositol	1.00 mg
Medicago sativa (alfalfa)	1.00 mg
Laminaria digitata (Kelp)	1.00 mg
Rutin	1.00 mg
Nasturtium officinale (Watercress)	1.00 mg
Rosa canina (Rosehip)	1.00 mg
Petroselinum crispum (parsley)	1.00 mg
Pectin	1.00 mg
Rhodomenia palmata (Dulse seaweed)	1.00 mg

Directions for use: Warning: When taken in excess of 8,000 IU, Vitamin A can cause birth defects. If you are pregnant, or considering becoming pregnant, do not take Vitamin A supplements without consulting your doctor or pharmacist.

Adults: Take one tablet three times a day.

The recommended adult daily amount of Vitamin A from all sources is 2,500 I.U. Vitamin supplements can only be of assistance if the dietary vitamin intake is inadequate.

Use only as directed. If symptoms persist consult your health care professional.

Do not take this product if you have a swallowing difficulty. Take each dose with a large glass of water. Do not lie down during the 15-20 minute period following each dose.

STORE BELOW 30° C

Herbalife nutritional products are dietary supplements for those individuals who may not receive adequate quantities of various essential vitamins in their everyday diet.

See base of container for Batch No. and Expiry date.

Order Details:

#0133

Bottle containing 90 tablets
(Child-proof)