



CHRONIC FATIGUE, ALLERGY AND CANDIDA RELIEF.

I decided to try the Cellular Nutrition products when a friend told me of the amazing health results people were experiencing. I figured it worth a try, after all I had nothing to lose... except a lot of health problems and some excess weight.

I'd been suffering from Chronic Fatigue, Candida, allergies, migraine headaches, PMT, hypoglycaemia and depression problems to varying degrees over a period of many years.

These problems had worsened when we lived in three houses while they were sprayed with organochlorines. Visits to all types of health practitioners did little to solve the problems. A few years of relief were achieved after some fairly intense medical and naturopathic assistance, not to mention the thousands of dollars this treatment cost.

The first week on the Cellular Nutrition Program I experienced increased energy and some weight and centimetre loss. After that things slowed down and I had trouble with low blood sugar that I'd had trouble with for many years. My distributor enabled me to talk to two other people who had had similar health problems and they suggested that Aloe Juice and Florafibre would probably help. That began the turning point in my health.

My energy soared and allergy symptoms vanished. My blood sugar stabilized and Candida symptoms disappeared. The constant headaches, recurrent migraine and PMT vanished also. As well as this I lost 8 kg, 6cm from my waist and 5 cm., from my hips in the first 2 months.

I began to awaken early each morning (a miracle!!) for the first time in my life. My family was shocked and surprised by the changes they saw. I continued to feel better each day for several years. I am now completely healthy and I'm so thankful to have found an answer at last, and to feel alive, not merely surviving.

- *Carleen Sing.*
- *My Ultimate Diet*

Get more answers to your CFS health questions and A to Z Health Problems Guide here:
<http://www.thehealthsuccesssite.com/myultimatediet.html>